

COUNSELING INFORMATION

SUBLOCADE® (buprenorphine extended-release) injection, for subcutaneous use (CIII) is a prescription medicine used to treat adults with moderate to severe addiction (dependence) to opioid drugs (prescription or illegal) who have received an oral transmucosal (used under the tongue or inside the cheek) buprenorphine-containing medicine at a dose that controls withdrawal symptoms for at least 7 days. SUBLOCADE is part of a complete treatment plan that should include counseling.

A Complete Treatment Plan With SUBLOCADE Includes Counseling

A complete treatment plan with SUBLOCADE should include both **medication** and **counseling** to help address various aspects of opioid addiction.

Ask Your Healthcare Provider About Counseling

There are many types of counseling to discuss with your healthcare provider to find options to fit your needs: including individual, group and family counseling, cognitive behavioral therapy, motivational therapy and 12-step programs. Therapies like these can teach coping strategies and life skills, and help people change their addictive behaviors and motivate them to work towards their treatment goals.

To Learn More:

- Talk to your healthcare provider
- Visit the website of the Substance Abuse and Mental Health Services Administration, www.samhsa.gov, or call its **24-hour helpline** at **1-800-662-HELP**

Preparing for a Session

No two counseling experiences are the same, but here are some questions you may want to think about as you prepare for or continue counseling:

1. When did you start using opioids, and why?

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about SUBLOCADE?

Because of the serious risk of potential harm or death from self-injecting SUBLOCADE into a vein (intravenously), it is only available through a restricted program called the SUBLOCADE REMS Program.

- SUBLOCADE is not available in retail pharmacies.
- Your SUBLOCADE injection will only be given to you by a certified healthcare provider.

Please see SUBLOCADE [Prescribing Information](#) including **BOXED WARNING** and [Medication Guide](#) at www.sublocade.com and Important Safety Information throughout.

2. What is motivating you to get help for opioid addiction?

3. Are you willing to commit to a plan to change your behavior?

4. What are your treatment goals?

5. What are some problems you would like to address?

6. What things in your life cause you to have stress and how do you deal with them?

7. Are there things you would like to change?

IMPORTANT SAFETY INFORMATION (CONT'D)

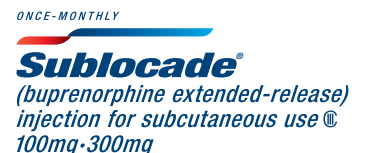
SUBLOCADE® contains an opioid medicine called buprenorphine that can cause serious and life-threatening breathing problems, especially if you take or use certain other medicines or drugs.

Talk to your healthcare provider about naloxone, a medicine available to patients for emergency treatment of an opioid overdose. If naloxone is given, you must call 911 or get emergency medical help right away to treat overdose or accidental use of an opioid.

SUBLOCADE may cause serious and life-threatening breathing problems. Get emergency help right away if you:

- feel faint
- feel dizzy
- are confused
- feel sleepy or uncoordinated
- have blurred vision
- have slurred speech
- are breathing slower than normal
- cannot think well or clearly

Please see SUBLOCADE Prescribing Information including BOXED WARNING and Medication Guide at www.sublocade.com and Important Safety Information throughout.



It may be helpful to identify situations that may be contributing to your use of opioids.
You can also add anything else you would like to discuss with your counselor.

IMPORTANT SAFETY INFORMATION (CONT'D)

Do not take certain medicines during treatment with SUBLOCADE®. Taking other opioid medicines, benzodiazepines, alcohol, or other central nervous system depressants (including street drugs) while on SUBLOCADE can cause severe drowsiness, decreased awareness, breathing problems, coma, and death.

- In an emergency, have family members tell emergency department staff that you are physically dependent on an opioid and are being treated with SUBLOCADE.
- You may have detectable levels of SUBLOCADE in your body for a long period after stopping treatment with SUBLOCADE.

Death has been reported in those who are not opioid dependent who received buprenorphine sublingually.


Who should not take SUBLOCADE?

Do not use SUBLOCADE if you are allergic to buprenorphine or any ingredient in the prefilled syringe (ATRIGEL® Delivery System, a biodegradable 50:50 poly(DL-lactide-co-glycolide) polymer and a biocompatible solvent, *N*-methyl-2-pyrrolidone (NMP)).

Before starting SUBLOCADE, tell your healthcare provider about all of your medical conditions, including if you have:

- | | |
|---|---|
| • trouble breathing or lung problems | • alcoholism |
| • a curve in your spine that affects your breathing | • a head injury or brain problem |
| • Addison's disease | • mental health problems |
| • an enlarged prostate gland (men) | • adrenal gland or thyroid gland problems |
| • problems urinating | |
| • liver, kidney, or gallbladder problems | |

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ONCE-MONTHLY
**Sublocade®**
(buprenorphine extended-release)
injection for subcutaneous use ©
100mg-300mg

IMPORTANT SAFETY INFORMATION (CONT'D)

Tell your healthcare provider if you are:

- **pregnant or plan to become pregnant.** Opioid-dependent women on buprenorphine maintenance therapy may require additional analgesia during labor. If you receive SUBLOCADE® while pregnant, your baby may have symptoms of opioid withdrawal at birth that could be life-threatening if not recognized and treated.
- **breastfeeding or plan to breastfeed.** SUBLOCADE can pass into your breast milk and harm your baby. Talk with your healthcare provider about the best way to feed your baby during treatment with SUBLOCADE. Monitor your baby for increased drowsiness and breathing problems.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

What should I avoid while being treated with SUBLOCADE?


- **Do not drive, operate heavy machinery, or perform any other dangerous activities until you know how SUBLOCADE affects you.** Buprenorphine can cause drowsiness and slow reaction times. SUBLOCADE can make you sleepy, dizzy, or lightheaded. This may happen more often in the first few days after your injection and when your dose is changed.
- **You should not drink alcohol** or take prescription or over-the-counter medicines that contain alcohol during treatment with SUBLOCADE, because this can lead to loss of consciousness or even death.

What are the possible side effects of SUBLOCADE?

SUBLOCADE can cause serious side effects, including:

- **Trouble breathing.** Taking other opioid medicines, benzodiazepines, alcohol, or other central nervous system depressants during treatment with SUBLOCADE can cause breathing problems that can lead to coma and death.
- **Sleepiness, dizziness, and problems with coordination.**
- **Physical dependence.**
- **Liver problems.** Call your healthcare provider right away if you notice any of these symptoms:
 - your skin or the white part of your eyes turns yellow (jaundice)
 - dark or “tea-colored” urine
 - light colored stools (bowel movements)
 - loss of appetite
 - pain, aching, or tenderness on the right side of your stomach area
 - nausea
- Your healthcare provider should do blood tests to check your liver before you start and during treatment with SUBLOCADE.
- **Allergic reaction.** You may have a rash, hives, swelling of your face, wheezing, low blood pressure, or loss of consciousness. Call your healthcare provider or get emergency help right away.
- **Opioid withdrawal.** Call your healthcare provider right away if you get any of these symptoms:
 - shaking
 - sweating more than normal
 - feeling hot or cold more than normal
 - runny nose
 - watery eyes
 - goose bumps
 - diarrhea
 - vomiting
 - muscle aches
- **Decrease in blood pressure.** You may feel dizzy when you get up from sitting or lying down.

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IMPORTANT SAFETY INFORMATION (CONT'D)

- **The most common side effects of SUBLOCADE® include:**

- constipation
- headache
- nausea
- injection site itching
- vomiting
- increase in liver enzymes
- tiredness
- injection site pain

- SUBLOCADE may affect fertility in males and females. Talk to your healthcare provider if this is a concern for you. These are not all the possible side effects. Call your healthcare provider for medical advice about side effects.

To report pregnancy or side effects associated with taking SUBLOCADE, please call 1-877-782-6966. You are encouraged to report negative side effects of drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

For more information about SUBLOCADE, the full Prescribing Information including BOXED WARNING, and Medication Guide, visit www.sublocade.com or talk to your healthcare provider. For REMS information visit www.sublocadeREMS.com.

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(buprenorphine extended-release)
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